

# Are You Passionate About Employee Health and Well-being?



## Become a Well-being Champion!

The Well-being Champion Network is a diverse group of volunteers who drive awareness of Northrop Grumman's Well-being Program. The Well-being Program offers resources to help you and your family members improve your financial, physical, social and emotional health so you can stay healthy, live well and thrive.

### As a Well-being Champion, you will:

-  Promote a culture of health in the workplace
-  Gain professional development skills (e.g., leadership, communication, planning)
-  Encourage participation in well-being programs
-  Network with colleagues across the company
-  Educate employees on various programs and initiatives
-  Join vendor presentations and ask questions

### Ready to get started?

Email [MyWell-being@ngc.com](mailto:MyWell-being@ngc.com) or scan the QR code to learn more.

As this is a volunteer role, a charge code will not be provided.

