



July 2024



## Your Complimentary 1:1 Financial Consultation

Find answers to common questions about what to expect and how you can reap the benefits.

[Read Now >>](#)



### Scroll Safe, Stay Safe

A closer look at the effects of social media on youth and five things you can do to help protect them.

[Read Now >>](#)



### Preventive Care: Your Pathway to a Healthier Tomorrow

Learn how you can assess your health and take action to prevent chronic conditions.

[Read Now >>](#)



### Thriving in a Multigenerational Workforce

Explore how you can help bridge the generational gap with Northrop Grumman's Generation 2 Generation Employee Resource Group.

[Read Now >>](#)



### WEBINAR SPOTLIGHT

July 23 • Noon and 3 p.m. ET  
**Fitness Demo**

[Register Now >>](#)

July 30 • Noon ET  
**Winning with Your Well-being Numbers**

[Register Now >>](#)

View full list of [Total Rewards webinars](#) to support your well-being.

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## Special Announcements



There's still time to earn \$500! Remember to complete the [Well-being Incentive Program](#) requirements by Sept. 30.

### DID YOU KNOW?

Your personalized Total Rewards Statement shows the complete value of your overall compensation and benefits package from Northrop Grumman.

Access it at any time through the [Total Rewards Gateway](#).



Send us your feedback and suggestions »

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Stay Healthy, Live Well and Thrive at Northrop Grumman